



LARKSPUR MIDDLE FALL TRYOUT INFORMATION



PLEASE READ... Procedure for Students Making an Athletic or Academic Team

The mandatory Parent/Guardian meeting for any child making an athletic or academic team will be held each quarter after tryouts are complete. You will not have to attend this meeting more than once a year **BUT** you will need to attend all coaches meeting for each team your child makes. Meeting dates will be as follow **BUT** are subject to change: 1Q Sept. 5; 2Q Nov. 19; 3Q Feb. 4; 4Q April 1 **at 5:45**

Physical Info:

Physicals for the 2019-20 school year will be August 20 at Larkspur Middle. There will be NO other physical date the rest of the school year at Larkspur. You must take advantage of this date or go to your own doctor. Make sure you use the new physical form, **Updated JUNE 2017. This is the ONLY form that may be accepted**

-Cost \$20.00 –Cash ONLY.

Times:

Girls 4:30

Boys 5:00ish

To participate on a sports team students must have:

- A **NEW** (must say *UPDATED JUNE 2017* in the left corner) Middle School Physical Form that is signed and dated in ink by a parent/guardian. Physical forms may be picked up at any middle school or found on our website. https://larkspurms.vbschools.com/students/student_activities
- Physicals must be performed on or after May 1, 2019
- A Recreation Physical Form is **NOT** acceptable.
- Students may **NOT** be 15 prior to August 1, 2019.
- The physical form must say Updated JUNE 2017 upper left corner. Older forms will **NOT** be accepted.
- School Entrance (blue form) Physicals are **NOT** acceptable.

Fall Tryouts Starting Dates:

Football tryouts will be 3:30-5:30 **Wednesday, August 21st**.

Activity buses will be available to pick students up and drop them back off near home. Wednesday 8/21 students must have a ride to school for tryouts. From that point on buses will be available to take students home and bring them to practice. See below for the rest of the activity bus info.

Girls and boys soccer will be 3:30-5:30 starting **Monday August 26th**.

Activity buses will be available to pick students up and drop them back off near home. Monday 8/26 students must have a ride to school for tryouts. From that point on buses will be available to take students home and bring them to practice.

Activity Bus Info:

Students who will be riding the bus throughout the week must ride the bus home the first day so they know where their stop will be. Please be aware that activity runs are not like the regular bus runs.

Students may have to walk up to a 1.5 miles to get home. Students should be at the bus stop an hour early the first day to catch the bus. Routes will be similar to last year. If you are a sixth grader or never rode the activity bus home, last year's route sheets are available at the school or on our website.

Students not trying out for a team are not permitted to ride the activity bus or watch practices.

One Act Tryouts: Tryouts for the One Act Play will be the second week of school. Students will need to sign up in the café during their lunch. For questions students should see Ms. Haddock or Mrs. Shell.

Tryouts are closed to all spectators!